

# HOPE VS HYPE

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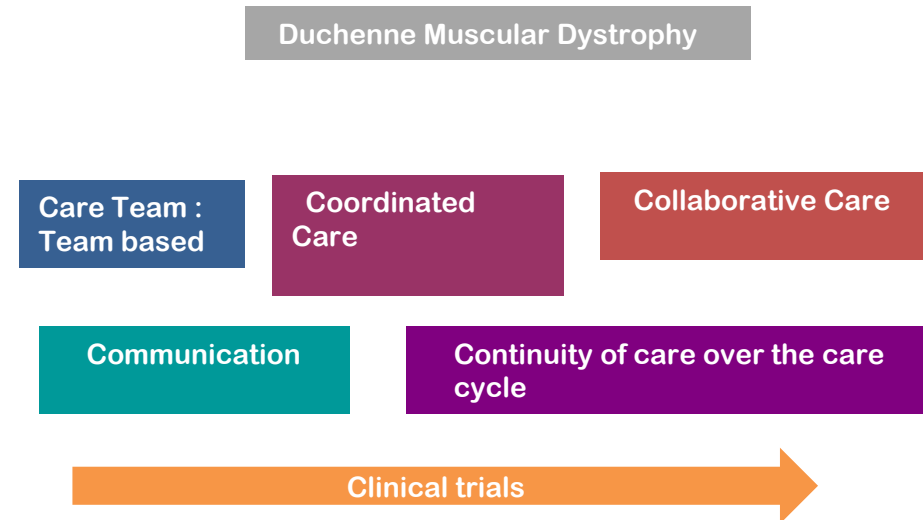
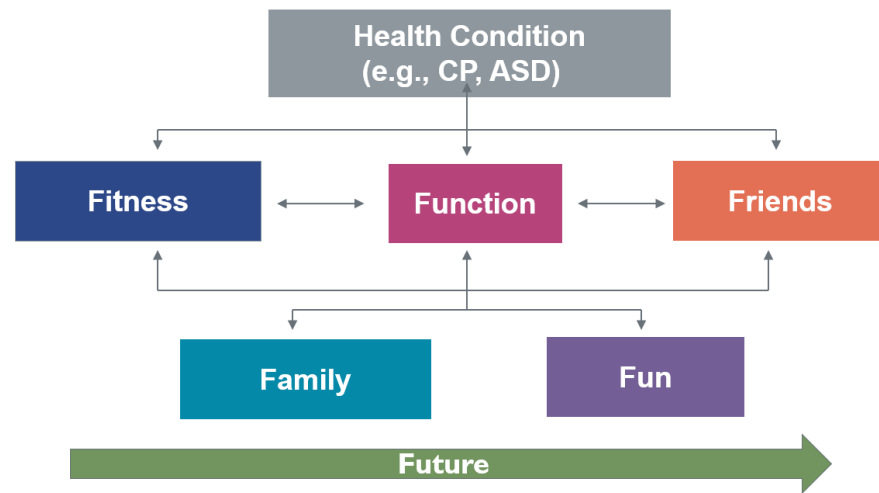
**University of Massachusetts Medical School**

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# Hope:

- An optimistic state of mind that is based on an expectation of a positive outcome with respect to events and circumstances in one's life
- Allows people to approach problems with a mindset and strategy set suitable to success, thereby increasing chances they will actually accomplish their goals.
- Leads to learning goals, which are conducive to growth and improvement.

# Duchenne Muscular Dystrophy and 6 F-words in child neurodisability – Rosenbaum, Gorter 2011



*WHO's International Classification of Functioning, Disability and Health*

# Hype

- Extravagant or intensive publicity/promotion
- To blatantly promote it
- People develop unrealistic expectations



# Realistic expectations

- Clinical outcomes
- Clinical trials
- Unregulated treatments